

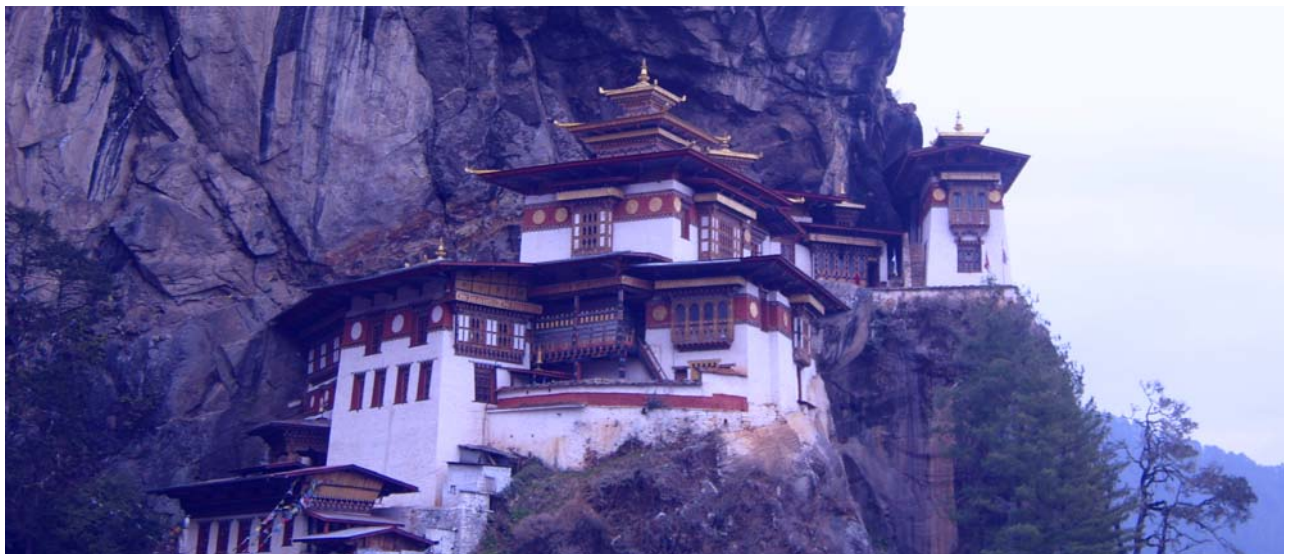


## A Four Day Tour

allows you to gather your first impression of Bhutan including some of the most precious highlights:

Paro town, Week-end market	Taktshang Goemba (Tiger's Nest)	Punakha dzong, Chimi Lhakhang
Paro dzong	Kyichu Lhakhang, Thimphu	Tango goembas, Emporium
National Museum	Tamchhog Lhakhang	

First day: We will welcome you at Paro International Airport and guide you to your hotel. On our first day in Bhutan we will visit Paro dzong, with its many old and holy shrines, Paro town and the unique National Museum of Bhutan (please note: that it is closed on Mondays); explore the beautiful nature of Paro valley and visit Tshongdue Lhakhang (Druk Choeding) a quiet and peaceful place built in 1525.



Second day: We will visit the Taktsang Monastery (the famous Tiger's Nest). The round trip will take five hours. In the monastery's tea house/cafe a cup of tea/coffee will be served. In the afternoon of our second day we can go to Drugyel dzong (14 km from Paro).

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Drugyel dzong built here in 1644 is situated in the midst of wonderful scenery with beautiful Mt. Chomolhari overlooking the dzong and the valley. In ancient times it was an important trade centre. Now it is in ruins but it still exudes the atmosphere of its great past. We will then visit Kyichu Lhakhang, a temple dating from the seventh century. Kyichu Lhakhang is one of 108 temples built by the Tibetan King Songtsen Gempo in honour of the Buddhas. You are invited to visit this ancient holy temple and join the monks for the evening prayers.

Third day: After a day of hiking it is a good idea to plan a relaxing travelling day:

We will drive from Paro to Thimphu and stop over at Tamchhog Lhakhang, travelling further via Dochu La to Punakha dzong. On our way back to Thimphu we visit Chimi Lhakhang.

Day four will be spent in Thimphu. We will visit Tango Goemba including a half hour walk to the site. The present building was erected by Lama Drukpa Kunley, the Divine Madman, in the 15th century. Holy incarnations of today maintain the spiritual traditions of this temple. You will enjoy the atmosphere. We will visit Thimphu town, the weekend market, the Emporium, where you can find wonderful handcrafted products. If we have time, we will walk the short distance to Cheri Goemba built by Zhabdrung Ngawang Namgyal. It is an hour's walk to the temple through beautiful scenery. The monastery is the home of tame deer and soaring birds and a very good place for meditation.

We drive back to Paro in the late afternoon. Your flight will probably depart in the morning of day 5.

This travel schedule ensures that you see as much as possible in only a few days.